

# Maine Women's Basketball Coaches Association

FOR IMMEDIATE RELEASE

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## Beckwith, Mack, Shibles Head All-State Nominees

Bates College senior forward Val Beckwith has been chosen as the Maine Women's Basketball Coaches Association (MWBCA) Player of the Year, while Rachael Mack from Colby College has been selected as the Rookie of the Year and Adrienne Shibles from Bowdoin College was picked as the Coach of the Year.

A native of Woburn Massachusetts, Beckwith was the number one choice on 9 of 11 ballots (coaches were not allowed to vote for their own players) in garnering the award for the first time. She averaged 18.3 points, 6.3 rebounds, 2.2 steals, and 1.64 steals per game for the 16-9 Bobcats. Beckwith finished her career with 1,470 points and this year set school records for made free throws (142) and attempts (190) in a season.

Mack, a freshman forward from Augusta, helped lead the Mules to a 13-12 record by averaging 10.7 points, 7.4 rebounds and almost 2 blocks per game. Mack shot an outstanding 55.8% from the floor and 84.6% from the free throw line this year.

Shibles, in her first year at the helm of the Bowdoin Women's Basketball program led the Polar Bears to a 23-4 record and their eighth conference crown. The Polar Bears will be making their ninth-consecutive appearance in the NCAA Tournament. Coach Shibles' 23 wins in her first season at the helm are the most by a Bowdoin women's basketball coach in their first year as head coach.

### First Team All-State

Val Beckwith, Sr. – Bates College  
Stacey Kent, Sr. – University of Southern Maine  
Shelby Bradford, Jr. – Husson University  
Caitlyn Laflin, Jr. – University of Maine at Farmington  
Nicole Paradis, Jr. – University of Southern Maine

### Second Team All-State

Alli Gamache, Sr. – University of New England  
Maria Noucis, Sr. – Bowdoin College  
Alexa Kaubris, Sr. – Bowdoin College  
Erica Davis, Sr. – University of Maine @ Presque Isle  
Ashley Ames, Sr. – University of Maine @ Fort Kent  
Kaylie DeMillo, So. - University of Southern Maine

### All-Rookie Team

Rachael Mack, Colby College  
Jill Henrikson, Bowdoin College  
Samantha Goda, Maine Maritime  
Bree Hanscom, Husson University  
Kristi Violette, University of Southern Maine

Player of the Year: Val Beckwith, Bates College

Rookie of the Year: Rachael Mack, Colby College

Coach of the Year: Adrienne Shibles, Bowdoin College

\* There are 6 players on the 2<sup>nd</sup> Team All-State due to a tie in votes

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